



# COLA NEWS

City of Lafayette Aquatics  
Monthly Newsletter  
March 2026

## Middle School Swimming

Middle School practices start this week at the pool. Please make sure to welcome new faces around the pool. Our first middle school meet kicks off on March 25<sup>th</sup>. The full Middle School Meet Schedule can be found by clicking [here](#) (Will be posted on 3/11). Good Luck to all Middle School Swimmers during this Middle School Season!

## State Meet Recap

We want to congratulate all of our State Meet Swimmers on a job well done at the Senior and Age Group State Meets. COLA finished 3<sup>rd</sup> at the Senior Meet and 13<sup>th</sup> at the Age Group Meet. COLA Swimmers also brought home the Ed Kelly Sportsmanship and Spirit Award at the Age Group Meet! COLA had over 80 best times. We also had 10 Team Records Broken and 7 NCSA Junior National Qualifying times.

COLA would like to recognize the following athletes:

Top 8 Finishers: Liam Alletag, Brandon Bach, Macy Bordelon, Hunter Fudge, Julia Logue, Audrey Miller, Ben Nelson, Dominick Paternostro, Santiago Rivas

Top 3 Finishers: Liam Alletag, Brandon Bach, Macy Bordelon, Hunter Fudge, and Curtis Malone.

State Champions: Curtis Malone and Hunter Fudge

1<sup>st</sup> Time Individual State Qualifiers: Travis Granger, Braxton Leonard, Audrey Sonnier, Cohen Sonnier, and Nathan Wong

100% Best Times Swimmers: Ana Boulet, Hunter Fudge, Ben Nelson, Nathan Wong, and Tyler Wong

2026 Louisiana Senior State Meet High Point: Curtis Malone

Congratulations again to all of our State Team Swimmers on a job well done!

## Important Dates

March 9<sup>th</sup>- Middle School Swimming Starts

March 13<sup>th</sup> through 15<sup>th</sup>- LAB and 8 and under meet at COLA. Good luck to all swimmers participating!

March 17-21<sup>st</sup>- NCSA Junior National Championships- Orlando Florida. Good Luck and Safe travels to all of our NCSA Swimmers!



Looking Ahead:

- April 3<sup>rd</sup>- April 5<sup>th</sup> No Practice- Happy Easter
- April 10<sup>th</sup>- 12<sup>th</sup> Louisiana Swimming Coaches Clinic in New Orleans. We will not have practice these days so our staff can attend the coaches clinic.
- April 24-26- 1<sup>st</sup> Long Course Meet of the Season in Shreveport at the Biltmore YMCA.

## Monthly Article

This about how swimming can improve a swimmers overall mental health and mood. Click [here](#) to access it.

## Lifeguard Classes

COLA will offer our first lifeguard class of the season at the end of March. Click [here](#) for more information and to sign up. We will also be offering an April Lifeguarding class and a recertification class in April.

## Swim Lessons

Registration is now open for COLA Spring and Summer Lessons. Registration information can be found by clicking [here](#). COLA offers group, private, and adult lessons. Help us spread the word about COLA lessons and let us know if you have any questions!

## COLA Long Course and Summer Meet Schedule

You can access our Summer and Long Course Meet Schedule by clicking [here](#). Our first Long Course Meet will be in Shreveport at the end of April. Meet sign up will be available for all of our Long Course/ Summer Meets in the next few weeks.

## COLA Team Store

The online store is open at all times and orders are ongoing for most items. There are lots of cool Team Shirt Designs for swimmers and parents! We will sometimes post deadlines in order to get items on time for certain events or meets. Click [here](#) to access the store. Orders are delivered to the pool for pick up. Let us know if you have any questions! This is a great resource for our team and we are so grateful to have Sports Girlie to outfit our team!

## LAB Meet Hospitality

COLA is hosting the LAB meet coming up on March 14<sup>th</sup> and 15<sup>th</sup>. Since COLA is the host for this meet, we do need some items for hospitality for our coaches, visiting coaches and all officials. See the links below to sign up to bring an item.

[COLA: LAB Meet Saturday](#)

[COLA: LAB Meet Sunday](#)

## Congratulations and Alumni Spotlight

This month's Alumni Spotlight is our very own Coach Marge. Some of you may not know that Coach Marge is also a COLA Alumni. She joined COLA after moving to Lafayette in High School. Huge Congratulations to Coach Marge who was recognized by the Dioceses of Lafayette as the Holy Family Educator of the Year. This is a well-deserved honor and we are so proud of her!

**How Long did you swim on COLA?** I was on COLA for four years from 1999 to 2003.

**What is your favorite COLA Memory?** I have so many memories, but my favorites are seeing kids figure things out in swimming. Kids finally getting their feet out on breaststroke kick is one of my top ones.

**How did COLA Swimming contribute to the person you are today?** COLA and swimming made me who I am today. I can't imagine what my life would be like without both.

**Anything else you want to share or add?** When people compare COLA to a family, it is not just something they are saying. COLA is a family. It is my family.

## COLA QUOTE OF THE MONTH:

**"The only way to do great work is to love what you do."  
-Steve Jobs**

